

CASE HISTORY FORM

Date: _____ Evaluating Therapist: _____

Child's Name: _____ Date of Birth: _____

Parents/Guardians: _____

Address: _____

City, State: _____ Zip Code: _____

Home Phone: _____ Cell Phone(s): _____

Work Phone(s): _____

Parents Profession: _____

Email(s): _____

Sibling(s) Names and
Ages: _____

Please check which methods of communication are acceptable for discussing treatment appointments as well as information regarding treatment and evaluation results?

Cell Phone

Text Message

Email

Home Phone

I agree to receive communication from My Recess Therapy through the above methods. I understand I am responsible for additional data charges imposed by my service provider and acknowledge My Recess Therapy is not liable for any compromised privacy by my email provider/host, Internet service, cell-phone or data service.

Name of referring
physician: _____

Reason for referral? _____

Medical diagnosis:
(if applicable) _____

Who can we thank for referring you to My Recess Therapy? _____

THERAPY

DEVELOPMENTAL HISTORY

PRENATAL HISTORY

Pregnancy: # of Weeks _____

Normal/Problems:
(describe) _____

Birth Weight: _____

Apgar Score: _____

Labor: _____

____ Normal

____ Induced

Special Considerations: _____

____ Cesarean

____ Premature

____ Breech

____ Child Rotated

____ Cord Around Neck

____ Other: _____

Hospital Stay: Mother _____

Child _____

If child was adopted, please give as much information as possible
about the child's biological mother and family history

Was your child breast fed and if so for how long? _____

Did your child enjoy tummy time? _____

Explain: _____

DEVELOPMENTAL MILESTONES

At what age did your child:

_____ Sit-up without support

_____ Crawl

_____ Walk

_____ Run

_____ Use words

_____ Sentences

_____ Drink from a cup

_____ Use spoon, fork, knife

_____ Dress self

THERAPY

SPEECH THERAPY FORM

HISTORY

Has your child's speech and/or language skills been evaluated previously?

Yes ☐ No ☐

If so, where _____

What were the results and recommendation? _____

Has your child received speech-language therapy previously?

Yes ☐ No ☐

Please describe where, when, and what was addressed

DEVELOPMENTAL MILESTONES

Did your child babble as an infant?

Yes ☐ No ☐

Please tell the approximate age your child achieved the following milestones:

Babbled _____ Put two words together _____

Said first words _____ Spoke a short sentence _____

Did your child's speech and language skills progress at a consistent rate

Yes ☐ No ☐

GENERAL INFORMATION

Describe in your own words what problem your child is having with speech and/or language? Be specific.

How does your child typically communicate? Please describe.

Is your child able to imitate speech sounds? words? phrases?

Yes _____ No _____

Do you have concerns with your child's ability to understand language?

Yes _____ No _____

Does your child respond to simple directions?

Yes _____ No _____

Answer yes/no questions accurately?

Yes _____ No _____

Answer "wh" questions accurately (who, what, where, when, why)?

Yes _____ No _____

Does your child do any of the following:

Choke on foods or liquids?

Yes _____ No _____

Put toys/objects in his or her mouth?

Yes _____ No _____

Brush teeth and/or allow brushing?

Yes _____ No _____

THERAPY

MEDICAL HISTORY

Please list any doctors that currently follow your child (MD, ortho, psychiatrist etc.)

Any history of surgeries: If so elaborate and include dates

Does your child have any allergies? If so when and by whom were they diagnosed?

Is your child currently taking any prescription medications, supplements, or over-the-counter medication? Please list dose and frequency.

Does your child have history of ear infections?

Has your child had his/her hearing tested? Results?

Has your child had a visual exam? If so, when and what were the results?

Is your child currently receiving any other special services through school or privately? (Physical therapy, speech therapy, psychology, tutoring include names of other professionals, frequency and duration.)

THERAPY

EDUCATIONAL HISTORY

What is your child's current grade? _____ Teacher's Name: _____

What school does he/she attend? _____

Please list other schools attended _____

Does your child have an Individualized Education Plan (IEP)? _____

If yes, what services are included in the IEP? Please list frequency of services: _____

Does your child have any difficulty with reading? _____

BEHAVIOR/SOCIAL HISTORY

Describe your child's social interaction with other children _____

Describe your child's tolerance for challenging or frustrating tasks _____

How does your child do when making transitions between activities, environments, or when there are unexpected changes in plans/expectations _____

Does your child prefer to engage in solitary and/or parallel play? _____

Does your child participate in any community based activities (karate, scouts, etc). Please list frequency and duration (i.e. Soccer June- Sept 1x weekly) _____

Describe your child's play skills. Include his/her interests, favorite toys/games, pretend themes used in play, etc. _____

Can he/she engage in pretend play alone/with others/with an adult? _____

THERAPY

SELF-CARE/DAILY ROUTINES

Do you have any concerns related to your child's diet?

Please List

Foods your child eats regularly

Foods your child used to eat but no longer eats

Are there sensitivities to taste, explain

Are there sensitivities to texture, explain

Are there sensitivities to temperature, explain

Are there concerns with your child's ability to bite, chew, move food around in the mouth, or swallowing, explain

Please describe your child's sleep habits (Include bedtime routine, # of hours, # of naps if any)

Please describe how your child typically gets dressed. (Include how much assistance is needed, length of time, preference for certain fabrics/avoidance of textures)

Can your child ☐ fasten snaps ☐ buttons ☐ zippers
 ☐ buckles ☐ velcro enclosures ☐ tie shoes

THERAPY

SELF-CARE/DAILY ROUTINES *(CONTINUED)*

Please describe bath time for your child (level of independence, like/dislike, preference for a bath or shower)

Please describe your child's ability/tolerance of:

Brushing teeth

Brushing hair

Washing hands/face

Is your child toilet trained? ☐ YES ☐ NO If so, when did this occur? _____

Please describe if there were/are any problems with toileting

Please describe your child's ability to keep track of personal belongings

Please describe your child's ability to independently organize his/her bedroom, backpack, desk

THERAPY

ATTENTION/SELF-REGULATION

Does your child have a difficult time calming down to go to sleep or waking up in the morning? If so, please explain

Is your child irritable at predictable times of the day? If so, what events trigger this and when does it occur?

Does your child seem happier or more cooperative at predictable times of the day? Please describe

Does your child exhibit any impulsiveness, aggression, or immaturity more than other children his/her age?
If so, please explain

Describe your child's ability to attend to activities (responding to his/her name or a question in a timely manner,
table top tasks -vs-gross motor activity-vs-homework)

THERAPY

MOTOR SKILLS

Please describe your child's fine motor and visual motor skills (manipulation of small objects and toys/ dexterity, grasp on pencils/crayons, control/accuracy, quality of writing)

Can your child ride a bicycle (tricycle or two wheeler)

Please describe your child's performance on jungle gym type equipment (preferences, tolerance for swings, climbing, level of independence)

PARENTAL CONCERNS

What do you feel are your child's strengths?

What are your concerns?

What do you hope will be gained by having this evaluation and occupational therapy treatment if recommended?
